

South Brunswick High School

Department of Health and Physical Education

During 9th grade all students take three quarters of physical education and one quarter of health (Adolescent Issues). These are two separate courses. A student's final grade in physical education is an average of their 3 quarter grades. Their final grade in their health course is the same as their grade for the quarter. Some students will take Adolescent Issues during the 1st quarter and other will take it during the 3rd quarter. These are the only two quarters where the course is offered.

A student must pass each of these courses in order to graduate high school. Failing either Physical Education – 9 or Adolescent Issues will result in the student having to make up the course.

Our 9th grade health curriculum is available on the district website.

Physical Education- 9 will consist of many different activities. These activities may include:

Football, Soccer, Ultimate Frisbee, Volleyball, Weight Training and Conditioning, Basketball, Fitness, Indoor Soccer, Various Team Games, and Track and Field.

Please take a look at our Grading Rubric and Physical Education Expectation Sheet. Thank you.

John Harding - Health and Physical Education Supervisor ext. 3208

Elaine McGrath – SBHS Athletic Director ext. 5233